

## Sacramental Prep for Teens Off Cycle

For teens who are off cycle for their sacraments and are seeking to receive First Reconciliation and/or First Eucharist in 7th/8th grade the sacramental guidelines in the Diocese of Raleigh and St. Mary Magdalene parish are below.

- 1) All sacramental preparation for First Reconciliation, First Communion and Confirmation in the Diocese of Raleigh are a 2 year process which must be completed over 2 consecutive years of regularly attending a Catholic parish faith formation in addition to sacramental prep sessions during year 2.
  
- 2) **To receive First Reconciliation & First Communion in 7th or 8th grade:**
  - Teen must have completed Year 1 by regularly attending & completing a Catholic Faith Formation program at a Catholic parish/St. Mary Magdalene during their 6th or 7th grade school year.
  - Teen must complete Year 2 by regularly attending & completing a Catholic Faith Formation program at a Catholic parish/St. Mary Magdalene during their 7th or 8th grade school year.
  - In addition, they must complete 5 sacramental prep sessions held at St Mary Magdalene during their Year 2 of preparation. Dates TBA
  - Year 1 and Year 2 must be done consecutively with no gap year(s) in between
  
- 3) **To receive First Reconciliation & First Communion in 9th, 10th, 11th, or 12th grade:**
  - Teen must have completed Year 1 by regularly attending & completing a Catholic Faith Formation program at a Catholic parish/St. Mary Magdalene during their 8th/9th/10th/11th grade school year.
  - Teen must complete Year 2 by regularly attending & completing a Catholic Faith Formation program at a Catholic parish/St. Mary Magdalene during their 9th/10th/11th/12th grade school year.
  - In addition, they must complete 5 sacramental prep sessions. Teens will be matched with sacramental mentors and set up dates/times to meet.
  - Year 1 and Year 2 must be done consecutively with no gap year(s) in between